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FDA-APPROVED NON-SURGICAL WEIGHT LOSS METHOD HELPS PEOPLE

Americans spend nearly 60 billion dollars annually in the pursuit of weight loss surgery being the most common gastric bypass surgery for weight loss type; an option that is not for everyone. Like any major procedure, gastric bypass has significant health risks and side effects.

Also, to be a candidate for the procedure, one must have a BMI (body mass index) of 40 or more. The fact is that a large percentage of the population between 15 and weighs only 50 pounds without other options besides diet and exercise. Dr. Stanley Poulos, Board Certified San Francisco plastic surgeon, is an early adapter of weight loss method of nonsurgical ball approved by the FDA in 2016. Following the two-part program, patients lost an average of 3.1 times the weight than diet and exercise alone

Dr. Poulos emphasizes that "there is a direct correlation between patients who remain connected to their program and their success in losing weight." Dr. Poulos has extensive experience in plastic surgery body contouring, sometimes after it requires a large weight loss. Sometimes,

because of the laxity of the skin after weight loss, patients want procedures like thigh lift, breast lift, liposuction or abdominoplasty.

Who is an ideal weight loss method the globe candidate?

It is suitable for patients with a BMI of 30 to 40 who have not had surgery after weight loss. Patients diagnosed with bulimia, binge eating, compulsive overeating, high intake habits liquid calories or psychological disorders related to similar feeding are not good candidates.

How does the balloon method work?

This nonsurgical outpatient procedure begins with a diagnostic endoscopy to ensure there are no contraindications and is safe to do it. Once the patient is slightly sedated and comfortable, the procedure can begin. Deflation gastric balloon is inserted through the esophagus and into the stomach. syringe is then used to fill the balloon with sterile saline. Once the balloon weight loss has been filled with saline, it expanded to about the size of a grapefruit. The whole procedure takes about 20 minutes. Patients usually return home can after placement or removal procedures within 30 minutes. In the last 20 years this procedure has helped more than 277,000 people.

How long does the balloon in place?

The balloon remains in the stomach during the first six months after the procedure. With the stomach balloon and support team Dr. Poulos, patients often see the most dramatic results in the first six months. It is very important to use this time to develop healthy habits that will continue not only for the weight loss program of 12 months, but also for the rest of life.

What to expect after placement of the ball?

During the first 14 days after placement, patients may experience nausea or vomiting. Dr. Poulos recommends a liquid diet for their patients during the first week to help control these symptoms. Effective medications are also prescribed anti-nausea to help patients pass the initial stage.

How the balloon is removed?

Once the stomach balloon has been in place for six months, the balloon is removed. The simple, non-surgical procedure is very similar to the placement process. Once extracted the gastric balloon, it is very important to continue working closely with the team and coaches to follow Dr. Poulos personal diet and exercise plan provided. This will help you keep in a positive and healthy attitude while achieving your weight loss goals.

Additional benefits of weight loss method balloon.

- It has been shown that the average person loses 3 times more weight with this procedure than with diet and exercise alone. Here are some reasons why:
- Diets can make you feel hungry or dissatisfied. This procedure helps occupying space in the stomach and promoting portion control.
- When you're overweight, exercise can be challenging and uncomfortable. With The Balloon Weight Loss Method helps you lose weight, physical activity may be more comfortable.
- There are no incisions, stitches or scars.
- Unlike gastric bypass surgery, this procedure is not only for the morbidly obese.
- The procedure takes 20 minutes and most patients return home the same day.
- The balloon is placed only temporarily.
- The procedure is designed to work with a regimen of exercise and nutrition for optimal results.

The procedure is available nationwide and can be used with patients 22 and older who meet all medical criteria.

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