

## **CURRICULUM VITAE**

Yngvar Alan Hvistendahl, M.D.  
350 Bon Air Road, Suite 300  
Greenbrae, CA 94904

## **EDUCATION**

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### **Undergraduate**

Dartmouth College  
Hanover, New Hampshire.  
1985-1989 Degree: B.A. Psychology/Minor Biology

### **Medical School**

Case Western Reserve University, School Of Medicine  
Cleveland, Ohio  
1990-1994, Degree: M.D.

### **Post Graduate Training**

Internship  
The Cleveland Clinic Foundation, Cleveland, Ohio  
Department Of Anesthesia, Internship  
July 1994–June 1995

### **Surgical Residency**

UCSF, University Of California San Francisco  
Department Of General Surgery, General Surgery Residency,  
July 1995–June 2000

### **Fellowship**

UCSF, University Of California San Francisco  
Department Of Plastic & Reconstructive Surgery, Fellowship  
July 2000–July 2002

## **ADDITIONAL TRAINING**

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### **Rhinoplasty Certification Symposium**

Dallas, TX  
February 2002

### **Micro-Fellowship, Aesthetics and Rhinoplasty**

Ronald Gruber, MD, Oakland, CA  
February–March 2002

### **Advanced Laparoscopic Surgery Course**

UCSF, University Of California San Francisco  
January 1998

### **Micro-Vascular Course**

Cleveland Clinic Foundation, Cleveland, Ohio  
1995

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## HOSPITAL STAFF POSITIONS

### Staff

Chief Division Plastic Surgery  
2008–2012

### Active Staff

Marin General Hospital, Greenbrae, CA

### Staff

Novato Community Hospital, Marin County, CA

### Staff

California Pacific Medical Center, San Francisco, CA

## PROFESSIONAL EXPERIENCE

**Co-Owner**, Plastic Surgery Specialists, Inc. Marin County, CA

**Director**, Marin Plastic Surgery Center, Marin County, CA

**Lab Technician**, The Cleveland Clinic Foundation, Cleveland, OH  
Department Of Otolaryngology. September 1991–August 1992

**BCLS instructor**, Case Western Reserve School of Medicine, Cleveland, OH  
October 1990–November 1990

**EMT paramedic**, physician's ambulance, Cleveland, OH  
Emergency Medical Technician  
October 1989–August 1991

**DIENER**, Mary Hitchcock Memorial Hospital, Hanover, NH  
Autopsy Assistant (Diener)  
1987-1989

## RESEARCH/PUBLICATIONS/PRESENTATIONS

**“Extended Crescent Mastopexy With Augmentation”**,  
Aesthetic Plastic Surgery, 2006, May–June; 30(3); 269-74

**“Extended Crescent Mastopexy”**  
Presented at Senior Residents Conference, Seattle, WA  
March 2002

**“Breast Augmentation: An 18 Year Experience”**  
Presented at The California Society of Plastic Surgery Conference, June 2002

**“Chest Wall Reconstruction—The UCSF Experience”**  
Department of Plastic and Reconstructive Surgery/Cardiothoracic Surgery  
UCSF/Mt Zion

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### **“Breast Feeding After Reduction Mammoplasty”**

Department of Plastic Surgery, The Cleveland Clinic Foundation  
Presented at Ohio Valley Plastic Surgery Conference, 3rd Place, May 1995

### HONORS/SCHOLARSHIPS

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#### **Star Award, Winner, UCSF Plastic Fellow**

Recognition of excellence in-patient care, 2002, presented by CEO UCSF

#### **AZAKI Award**

Surgical Resident nominated and recognized for exceptional professionalism and conduct in-patient care, UCSF General Surgery, 1999

### HONORS/SCHOLARSHIPS CONT.

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**Honors**—Surgical Core Clerkship, University Hospitals, Cleveland, OH

**Honors**—Surgical Sub Internship, UCSF, San Francisco, CA

**Honors**—Otolaryngology Sub Internship, The Cleveland Clinic Foundation, OH

**Honors**—Obgyn Core Clerkship Exam, University Hospitals, Cleveland, OH

**Honors**—Medicine Core Clerkship (Clinical), V.A. Hospital, Cleveland, OH

**Honors**—Psychiatric Core Clerkship, Mt. Sinai Hospital, Cleveland, OH

**Letter Of Commendation**—Pediatrics Core Clerkship, University H, OH

**Figgie/Rawlings Scholarship For Scholar Athletes.** 1990-1994

**All Ivy League Team Honors.** First Team, Soccer. 1998

**Team Captain.** Dartmouth Soccer, Ivy League Champions, 1998

### ORGANIZATION CANDIDATE/MEMBERSHIPS

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**Member**—American Society Of Plastic Surgeons

**Candidate**—American Society Aesthetic Plastic Surgery

**Candidate**—California Society Of Plastic Surgery

**Candidate**—Marin Medical Society, Member American College Of Surgeons

**Member**—Nafzinger Surgical Society